



The Scottish Karate Governing Body Anti-Doping Education Strategy



print

Programme Strategy

Vision

To create a generation of Athletes, who have confidence in their ability to know they can succeed in sport without the misuse of Prohibited Substances or Prohibited Methods.

Mission

The Scottish Karate Governing Body values the contribution that sport can make to health, national pride and social development when fostered within a strong ethical environment. The Scottish Karate Governing Body identifies integrity, fairness, equity and respect as values essential to success in sport. Fundamental to sport being enjoyed by all is sporting conduct and the way sport is played. The Scottish Karate Governing Body commits to playing their part in ensuring that standards are set for fair play and drug-free sport and then promoted through the provision of effective education and information.

The basic principle of The Scottish Karate Governing Body's information and education programme for anti-doping shall be to protect the spirit of sport from being undermined by doping and to establish an environment which influences doping-free behaviour among participants. While a comprehensive testing programme plays a fundamental part as a deterrent and preventative measure against doping, The Scottish Karate Governing Body acknowledges that it has a duty to provide Athletes with the information and technical advice they need to make informed and responsible choices in compliance with the The Scottish Karate Governing Body's anti-doping regulations.

Goals

The Scottish Karate Governing Body commits to implementing this long-term education and information strategy so that successive generations of Athletes can be proud to say they are '100% ME'. We will work with UK Sport to encourage our sport's community to engage and participate in anti-doping education programmes.

We aim to raise awareness to positively influence beliefs, attitudes and behaviours, in order to create an ethos of drug-free sport in our sport by:

1. Establishing a generation of young Athletes who have confidence in their own ability to succeed in sport without doping.
2. Providing relevant and accurate technical information to Athletes to enable them to remain drug free and comply with their sport's anti-doping regulations.

3. Increasing understanding of the value of anti-doping for Athletes to make well informed and positive choices and following any success, to say with pride, 'It was 100% ME!'
4. Minimise the risk of inadvertent doping and in turn, make apparent any Athletes intent on dodging the system, either by avoiding testing or through the misuse of Prohibited Substances or Methods.

Programme Framework

Anti-Doping Messages

The Scottish Karate Governing Body will promote the following anti-doping messages, where applicable, to the relevant target group.

- Anti-Doping Rule Violations
- Consequences of doping, including sanctions, health and social consequences
- Athlete rights and responsibilities
- Athlete Support Personnel duty of care and moral and professional responsibilities
- Substances and methods on the Prohibited List
- How to check the status of substances and methods
- Doping control procedures
- Therapeutic Use Exemptions
- Understanding the risk of contamination in nutritional supplements
- Harm of doping to the spirit of sport
- Permitted alternatives to doping in sport

Ambassador Programme

The Scottish Karate Governing Body values the role that Ambassadors can play in influencing the attitudes and behaviours of others.

The Scottish Karate Governing Body has the following 100% ME Ambassadors:

The Scottish Karate Governing Body would like to nominate the following Ambassador/s:

By nominating an Ambassador on the EMG system UK Sport will not be automatically notified of this request. If you want to nominate an Ambassador or want to use a current Ambassador for an Outreach activity, please email holly.wynne@uksport.gov.uk

Accreditation programme

The Scottish Karate Governing Body is committed to delivering quality education and information by using trained and accredited 100% ME Tutors and Advisers.

These are the accredited Tutors/Advisers for the Scottish Karate Governing Body:

The Scottish Karate Governing Body would like to nominate the following representatives for the 100% ME Tutors/Advisers:

Outreach Programme

The The Scottish Karate Governing Body accepts Outreach as a way of promoting anti-doping by 'reaching out' to athletes and their entourage to raise awareness and understanding of anti-doping issues that directly affect them.

The The Scottish Karate Governing Body identifies the following events as opportunities to deliver the 100% ME Outreach programme:

Programme Plan

Your Programme Plan

The Scottish Karate Governing Body will undertake the following activities in order to meet our objectives for drug-free sport education and information provision during 2006/2007.

Target Group	Activity	Resources	Start Date
Target Group			

Evaluation Plan

The Scottish Karate Governing Body will evaluate their Anti-Doping Education Programme by:

- Keeping a record of the education and information delivered to athletes and support personnel
- Supporting and, where necessary, contributing to UK Sport's Social Research Programme and Evaluation Programme
- Regularly reviewing and updating this Education Strategy and Annual Plan

Final Notes

Please note that the S.K.G.B. has still to address the following:

The Ambassador Programme.

The Accreditation Programme

Identify events



This Anti-Doping Education Strategy was produced in partnership with UK Sport